



# *St. Luke's Parish Family Rosary*

- St. Luke's Parish Family Rosary Prayer Booklet 2022 -

Please contact Wilma 027 885 0544 for Roster

## “Mary visits Luke” Family Rosary Programme

### Towards becoming a community of praying families

#### Introduction

The “Mary visits Luke” programme is in support of St Luke Parish’s desire of becoming a vibrant worshipping community. We want to become a community of praying individuals and families through Mary’s help and intercession. We will do this by praying the Holy Rosary everyday as families, and every week as group of families. The weekly hand over meetings between families also provides opportunities for families to get to know other families in a social atmosphere of fellowship. Note: We understand that this may not be always possible (e.g. due to covid-9 pandemic, etc.). Please exercise own judgement and also follow any restrictions in place set by the authorities.

#### Mechanics

1. A family will host the statue of the Blessed Virgin Mary each week. It starts on Saturday when the previous week’s host family brings over Our Lady to their home\*. It ends on the following Saturday when they bring over the statue to the home\* of the new host family.  
\*(or to a mutually agreed location e.g. St Luke’s Parish Church)
2. During the hand over, the two host families will pray the Holy Rosary together. Aside from praying together, we highly encourage and recommend using the time to get to know one another in fellowship (and whenever possible sharing together a modest meal of tea, coffee, biscuits).
3. The host family are to pray the Holy Rosary every day during the week that Our Lady is with them. If desired, they can invite extended family and friends to pray the Holy Rosary with them (e.g. on-site or virtually).
4. You are responsible for coordinating the details of the hand over (time and place) with the next person/family in the roster. A roster will be followed and managed by a roster leader. If you are unable to fulfil your spot in the roster, please call the roster leader (contact details found in the email sent to you and also in the parish newsletter) as soon as possible so a replacement can be arranged immediately.
5. The statue of Mary will come with a bag containing a rosary beads, prayer booklets, and a prayer intention booklet. Please make sure all the above items are handed over to the next family. Please inform the roster leader in case any of these items have gone missing or requires replacement.
6. The “Mary visits Luke” programme is re-launched with a **Living Rosary** event every year on the last Saturday of September in the afternoon at the St Luke’s Parish church. All members of St Luke’s Parish are welcome and all families in the roster are especially encouraged to participate in the event especially those with young children. This is organised and facilitated by Live Christ Share Christ (LCSC), a St Luke’s parish group. Please see contact information in the parish newsletter.

## Suggestions on Praying the Family Rosary

1. Praying the Rosary is a family affair. Choose a time when as many family members are present at home. To the extent possible, everyone present at home, including guests, should participate.
2. Consider inviting over (at your home or virtually) members of your extended family to pray with you during the week when the image of Our Lady is in your home.
3. Light up a candle beside the image of Our Lady. Gather everyone around the image of Our Lady to pray.
4. A leader may be assigned to lead from beginning to end. Alternatively, a person can be assigned to lead for each mystery.
5. Begin by asking everyone for their prayer intentions for the Rosary. Encourage everyone to share/declare their prayer intentions.
6. You may wish to begin with a song (e.g. As I Kneel, see page 12 for songs).
7. You may wish to sing a verse from a song (e.g. Immaculate Mary) after completing a decade of the Rosary.
8. You may wish to end with a song (e.g. Our Lady of Fatima).

## How to Pray the Rosary

1. Make the Sign of the Cross
2. Say the "Prayer Before the Rosary" (optional)
3. Say the "Apostles' Creed"
4. Say the "Our Father"
5. Say **three** "Hail Mary"
6. Say the "Glory Be"
7. Announce the First Mystery; then read the Gospel and the prayer
8. Say the "Our Father"
9. Say **ten** "Hail Mary"
10. Say the "Glory Be"
11. Say the "Fatima Prayer"
12. Repeat 8, 9, 10, 11 and 12 for the Second, Third, Fourth and Fifth Mysteries in the same manner
13. Say the "Hail Holy Queen", "Rosary Prayer" and "Memorare"
14. Say these prayers (optional):
  - a. "Consecration of the Family to the Sacred Hearts of Jesus and Mary"
  - b. "Litany of St Joseph"
  - c. "Prayer to St Michael the Archangel" and "Guardian Angel Prayer"
15. Make the Sign of the Cross

## Opening Prayers

### Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### Prayer Before the Rosary

Queen of the Holy Rosary, you came to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire our hearts with a sincere love of this devotion; in order that by meditating on the Mysteries of our Redemption which are recalled in it, we may be enriched by its fruits and obtain peace for the world, the conversion of sinners, and the graces which we ask of you in this Rosary (Mention your request). We ask this for the greater glory of God, for your own honour, and for the good of souls, especially for our own. Amen.

### Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He rose again from the dead. He ascended into heaven and is seated at the right hand of God the Father Almighty. From there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Our Father

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary full of Grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

### Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy.

## The Joyful Mysteries

Mondays, Saturdays, Sundays of Advent, and Sundays from Epiphany until Lent

### 1. The Annunciation

The angel Gabriel was sent from God to a town of Galilee called Nazareth. And coming to Mary, he said, "Hail, favoured one! The Lord is with you." (Lk 1:26-28)

Let us pray. Loving God, help us to love you wholeheartedly as Mary did. Open our eyes to see that we are worthy to serve you just as we are.

### 2. The Visitation

Mary set out and travelled to the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb." (Lk 1:39-45)

Let us pray. Heavenly Father, we pray for charity in our hearts so we may love and serve our neighbour.

### 3. The Birth of Our Lord

And Mary gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger . . . And suddenly there was a multitude of the heavenly host praising God and saying: "Glory to God in the highest and on earth peace to those on whom his favour rests." (Lk 2:1-20)

Let us pray. Jesus, help us to realise that our homes, too, can be havens of peace and prayer, and that our lives are given to us so that we may grow in love and holiness. Teach us to welcome you into our homes.

### 4. The Presentation in the Temple

Mary and Joseph took the baby Jesus to the Temple to present him to the Lord. At the temple Simeon and Anna came forward, gave thanks to God and spoke about Jesus to all who were present. (Lk 2:22-38)

Let us pray. Loving Father, help us to be faithful to the Sacraments and daily prayers so that we may become stronger and more able to love.

### 5. The Finding of the Child Jesus in the Temple

The boy Jesus remained behind in Jerusalem, but his parents did not know it. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions. (Lk 2:41-50)

Let us pray. God our Father, we pray that we may live our lives in conformity to the Gospel. Help us to come closer to you through Jesus your Son.

## The Sorrowful Mysteries

Tuesdays, Fridays, and daily from Ash Wednesday until Easter Sunday

### 1. The Agony in the Garden

Jesus went to a place called Gethsemane to pray. "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." (Mt 26:36-46)

Let us pray. Lord, we pray that we will feel sorrow for our sins. Give us the courage to accept what we cannot change and unite it to your sufferings, so that we can be brought closer to you.

### 2. The Scourging at the Pillar

The chief priests with the elders and the scribes held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate, wishing to satisfy the crowd, had Jesus scourged and handed him over to be crucified. (Mk 15:1-16)

Let us pray. Lord Jesus, you experienced all our pains except the wounds of sin. Give us the courage to forgive anyone to be crucified.

### 3. The Crowning with Thorns

They stripped off his clothes and threw a scarlet military cloak about him. Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" (Mt 27:27-31)

Let us pray. Lord, how often do we too have our hopes dashed and we feel rejected. Help us to accept these hurts and to pray for those who, in their blindness, wound us. Help us to forgive others.

### 4. The Carrying of the Cross

Jesus, weak from being beaten, was unable to carry His cross to Golgotha alone. Simon, a Cyrenian, helped him. (Mk 15:20-22)

Let us pray. Lord Jesus, we may not always understand why we have to carry the crosses we have. Help us to remember that when we suffer, you are with us in our pain, helping us to carry our cross.

### 5. The Crucifixion

When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. Jesus said, "Father, forgive them, they know not what they do." (Lk 23:33-46)

Let us pray. Lord Jesus, we come to you with our sufferings, trials, limitations and sicknesses. Give us the strength to accept our life's crosses patiently and prayerfully so that we can overcome all evil.

## The Glorious Mysteries

Wednesdays, and Sundays throughout the year

### 1. The Resurrection

Mary Magdalene and the other Mary came to see the tomb. An angel appeared and said, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said." (Mt 28:1-10)

Let us pray. Heavenly Father, we pray that the Light of the Resurrection will renew us daily with the Holy Spirit and increase our faith.

### 2. The Ascension of Our Lord

As Jesus blessed them He parted from them and was taken up to heaven. (Lk 24:44-53)

Let us pray. In times of trouble, help me to remember Lord that we are not alone because the Holy Spirit is with us.

### 3. The Descent of the Holy Spirit

Jesus came and stood in their midst and said to them, "Peace be with you. Receive the Holy Spirit." (Jn 14:15-21)

Let us pray. Holy Spirit of God, fill me with your gifts of wisdom, counsel, courage, knowledge, understanding, humility and love of God.

### 4. The Assumption of Our Lady into Heaven

"Finally the Immaculate Virgin, preserved free from all stain of original sin, when the course of her earthly life was finished, was taken up body and soul into heavenly glory." (Munificentissimus Deus (1950):DS 3903)

Let us pray. Mary, while on earth, you lived the most perfect life of faith the world has ever known. Help me to live a life of faith – to believe and to act according to the will of God.

### 5. The Coronation of the Blessed Virgin Mary

"We believe that the Holy Mother of God, the new Eve, Mother of the Church, continues in heaven to exercise her maternal role on behalf of the members of Christ." (Solemn Profession of Faith: Credo of the People of God)

Let us pray. Heavenly Father, we pray that we may keep our eyes fixed on the things of heaven like Mary did.

## The Luminous Mysteries

Thursdays throughout the year

### 1. The Baptism in the Jordan

And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." (Mt. 3:17)

Let us pray. Heavenly Father, in our baptism we have received the light of Christ in our hearts. May his grace renew us constantly and reach also those who have not been baptised and don't know Him.

### 2. The Wedding at Cana

"Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you." (Jn 2:1-12)

Let us pray. Lord, we know that you always hear every prayer and petition, and that in your wisdom, you know what is best for us. We place our trust in you.

### 3. The Proclamation of the Kingdom of God

"This is the time of fulfilment. The kingdom of God is at hand. Repent, and believe in the gospel." (Mk 1:15)

Let us pray. Jesus, you call each of us to grow in intimate friendship with you. May we come to know you better and find joy in the time that we set aside for you in prayer each day.

### 4. The Transfiguration

While he was praying his face changed in appearance and his clothing became dazzling white. (Lk9:29)

Let us pray. Loving God, help me to remember those mountain top experiences of grace and favour in which your presence was so obvious to me. May the memory of them motivate me to listen to your Word when I am un-inspired.

### 5. The Institution of the Eucharist

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. (Jn 13:1)

Let us pray. Lord Jesus, we thank you for providing us with our daily spiritual bread. We pray that we will always stay close to you through the Eucharist.



## Concluding Prayers

### Hail Holy Queen

Hail, Holy Queen, Mother of Mercy. Hail, our life, our sweetness, and our hope. To you do we cry poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us; And after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement! O loving! O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

### Rosary Prayer

Let us pray.

O God, whose only begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech thee, while meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary; We may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

### Consecration of the Family to the Sacred Hearts of Jesus and Mary

Most holy Hearts of Jesus and Mary, united in perfect love, as you look upon us with mercy and caring, we consecrate our hearts, our lives, our family to you. We know the beautiful example of your home in Nazareth was meant to be a model for each of our families. We hope to have, with your help, the unity and strong, enduring love you gave to one another. May our home be filled with joy. May sincere affection, patience, tolerance and mutual respect be freely given to all. May our prayers be filled with the needs of others, not just ourselves and may we always be close to your Sacraments. Bless those who are present, as well as those who are absent, both the living and the dead. May peace be among us and when we are tested, grant us the Christian acceptance of God's will. Keep our family close to your Hearts; May your special protection be with us always. Most Sacred Hearts of Jesus and Mary, hear our prayer. Amen.

## Litany of St Joseph

V. Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Christ, hear us.

God, the Father of Heaven,

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, One God,

Holy Mary,

Saint Joseph,

Noble Offspring of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste Guardian of the Virgin,

Foster-Father of the Son of God,

Zealous Defender of Christ,

Head of the Holy Family,

Joseph Most Just,

Joseph Most Chaste,

Joseph Most Prudent,

Joseph Most Courageous,

Joseph Most Obedient,

Joseph Most Faithful,

Mirror of Patience,

Lover of Poverty,

Model of Workmen,

Glory of Domestic Life,

Guardian of Virgins,

Pillar of Families,

Comfort of the Afflicted,

Hope of the Sick,

Patron of the Dying,

Terror of Demons,

Protector of the Holy Church,

Lamb of God, who takes away the sins of the world, Spare us, O Lord.

Lamb of God, who takes away the sins of the world, Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world, Have mercy on us.

V. He has made him lord of his household,

R. And prince over all his possessions.

V. Let us pray.

R. O God, who, in your loving providence, chose Blessed Joseph to be the spouse of your most Holy Mother, grant us the favour of having him for our intercessor in heaven whom on earth we venerate as our protector. You, who live and reign forever and ever. Amen.

R. Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Christ, graciously hear us.

have mercy on us.

have mercy on us.

have mercy on us.

have mercy on us.

pray for us.

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## **Prayer to Saint Michael the Archangel**

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; And do thou, O prince of the heavenly host by the Power of God cast into hell, Satan and all the other evil spirits, who roam throughout the world seeking the ruin of souls. Amen.

## **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light, to guard, to rule, to guide. Amen.

## **Additional Notes and Suggestions on "Mary visits Luke" Family Rosary**

### **Prayer Intentions Booklet**

1. You are welcome to write all your prayer requests and intentions on this Booklet.
2. Please indicate the date. You may indicate your name if you wish, but that is not necessary.
3. Each family must write their prayer intentions beginning on a new page. You must do this even if the previous (family's) page is not entirely filled. We want to leave the blank spaces for later use if and when people wish to share/describe what may happen later in relation to their prayer intentions. This is called "testimony" or "witnessing."
4. This Booklet should always go with the image of Our Lady as it goes around to different families in the roster.
5. Please inform the roster leader when the Booklet is nearly filled up so a new one can be organised.

### **Rosary Beads and Rosary Prayer Booklets**

1. Please make sure these are also handed over to the next family along with the image of Our Lady.
2. We encourage families to continue their family Rosary prayers even after the image of Our Lady has moved to the next family. If you wish to have your own Rosary beads and Rosary prayer booklets please contact the roster leader or the parish office.

## Hymns to Mary

### Immaculate Mary

Immaculate Mary, your praises we sing.  
You reign now in heaven with Jesus our  
King.

Refrain:

Ave, Ave, Ave, Maria!  
Ave, Ave, Ave, Maria!

In heaven the blessed your glory proclaim;  
On earth we your children invoke your fair  
name.

Your name is our power, your virtues our  
light  
Your love is our comfort, your pleading our  
might

We pray for our Mother, the Church upon  
earth,  
And bless, Holy Mary, the land of our birth

### Our Lady of Fatima

Dear Lady of Fatima, we come on bended  
knee  
To beg your intercession for peace and  
unity.  
Dear Mary, won't you show us the right and  
shining way?  
We pledge our love and offer you a rosary  
each day.

You promised at Fatima each time that you  
appeared  
To help us if we pray to you to banish war  
and fear.  
Dear Lady, on first Saturdays we ask your  
guiding hand  
For grace and guidance here on earth and  
protection for our land.

O Mother Immaculate, we come to you  
today  
To honour and beg you: Teach us how to  
pray  
For justice and holiness to permeate our  
lands  
And grace from God our Father to follow  
His commands.

O Virgin most holy to you we consecrate  
Our lives, our possessions, and this  
apostolate.  
O Queen of the heavens, invoke your  
glorious Son  
To save us so that all of us will see His  
Kingdom come.

### As I Kneel Before You

As I kneel before you,  
As I bow my head in prayer,  
Take this day, make it yours  
and fill me with your love.

Refrain:

Ave Maria,  
Gratia plena,  
Dominus tecum,  
Benedicta tu.

All I have I give you,  
Every dream and wish are yours,  
Mother of Christ,  
Mother of mine, present them to my Lord.

As I kneel before you,  
And I see your smiling face,  
Ev'ry thought, ev'ry word  
Is lost in your embrace.